

### Our Mission

Lead and empower our communities to achieve better health

### Our Vision

A healthy community for everyone

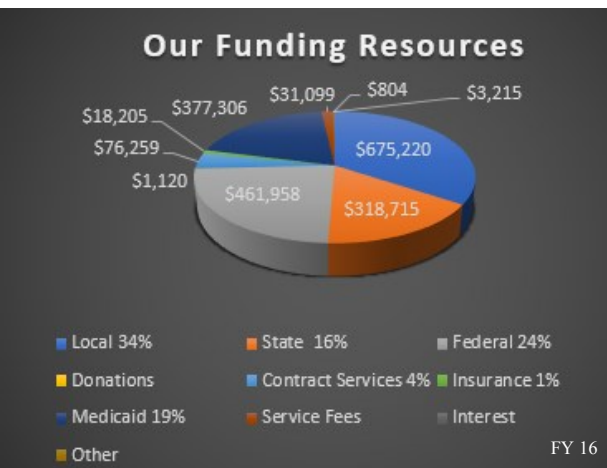
### Our Values

- Confidentiality** We will ensure the confidentiality of our clients
- Accountability** We will be accountable for high standards of behavior, including honesty and fairness in all aspects of our work
- Respect** We will treat others with the utmost respect at all times
- Equality** We will provide equal treatment to all regardless of social or cultural differences

*Your Health Department offers many services that are free or at cost. All clinic services are provided for a fee that*

### Public Health Services Funding

Your local health department receives funding from 9 different resources. Over half of the funding received is restricted to providing specific public



## Maximize your health



Think about making one small change each week to lower sodium, get active, quit smoking, and control blood pressure to boost your overall health and well-being.

*We are happy to help you. Call us today!*

### BUFFALO TRACE DISTRICT HEALTH DEPARTMENT

#### Mason County Health Department

130 East Second Street  
Maysville, Kentucky 41056  
Phone (606) 564-9447

#### Robertson County Health Department

45 McDowell Street  
Mt. Olivet, Kentucky 41064  
(606) 724-5222

**We offer "Same Day" Scheduling!**

*The morning you call is the day of your appointment*

**Find us on the internet:**

[www.buffalotracehealth.com](http://www.buffalotracehealth.com)



**Buffalo Trace District Health Department**



**@masoncountyhealth**

# BUFFALO TRACE DISTRICT HEALTH DEPARTMENT

## Working for you



## SERVING THE PEOPLE OF MASON AND ROBERTSON COUNTIES



# Prevent

## Chronic Disease Prevention

### Nutrition

*facilitate* the WIC program  
*provide* registered dietician services

### Diabetes

*provide* blood sugar screening  
*offer* individual diabetes counseling  
*plan* diabetes management classes

### Obesity

*provide* individual weight loss counseling  
*coordinate* MicroClinic<sup>®</sup> International  
*offer* breastfeeding education and support  
*lead* exercise classes for all ages & stages

### Heart Disease & Stroke

*provide* blood cholesterol screening  
*perform* blood pressure screening  
*facilitate* smoking cessation classes

### Cancer

*provide* pap smears  
*perform* clinical breast exams  
*give* fecal occult blood screening kits  
*partner* with UK Ovarian Cancer Program

### Unintentional Injuries

*facilitate* child passenger safety education  
*coordinate* child fatality reviews  
*offer* safe infant sleep program  
*organize* SafeSitter<sup>®</sup> classes

# Promote

## Public Health Education & Policy

### Community Health Improvement

*coordinate* Mason County Health Coalition  
*conduct* community health assessments  
*share* health information  
*initiate* community health programs  
*provide* public health education speakers  
*partner* with private healthcare providers  
*consort* with local schools

### Positive Parenting

*administer* the HANDS Program  
*provide* family health education sessions

### Vital Statistics

*provide* paternity affidavits  
*facilitate* process for certified birth certificate  
*facilitate* process for certified death certificate

### Environmental Health

*perform* restaurant inspections  
*investigate* nuisance complaints  
*issue* on-site sewage permits  
*inspect* public facilities

# Protect

## Communicable Disease Control

### Immunizations

*provide* immunizations for all age groups  
*monitor* requirements for children.

### Sexually Transmitted Infection Testing

*provide* screening and identification  
*administer* treatment  
*conduct* contact investigations

### HIV/AIDS & HCV Testing

*provide* confidential testing  
*coordinate* counseling

### Tuberculosis Testing

*perform* tuberculosis risk screenings  
*provide* tuberculin screenings upon request  
*identify* suspect tuberculosis cases  
*conduct* contact investigations  
*manage* treatment

### Epidemiology

*monitor* presence of emerging diseases  
*conduct* contact investigations  
*coordinate* rapid healthcare response

### Disaster Preparedness

*provide* presentations to community groups  
*coordinate* emergency public health response



We are working for you